

# Trauma-Informed Services for Credit Union Employees Webinar

**Thank you for joining us today!** This worksheet has been designed to help you capture salient points, identify low-hanging fruit, and get connected to key resources.

## SALIENT POINTS

What are the six trauma-informed principles?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

**LITERATURE REVIEW NOTES:** Of the approaches discussed from the literature review, which three stick out for you most? Please briefly indicate why.

7. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
9. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**QUALITATIVE STUDY NOTES:** What two actionable steps from the qualitative study results will be hardest to implement at your institution? Please briefly indicate why.

10. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

11. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### LOW-HANGING FRUIT

What is the one thing you will do today to effect change at your institution based on your time in the workshop?

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### KEY RESOURCES

#### TRAUMA-INFORMED SERVICES FOR CREDIT UNION EMPLOYEES REPORTS

→ [Part 1](https://filene.org/539) — <https://filene.org/539>

→ [Part 2](https://filene.org/540) — <https://filene.org/540>

#### WORKSHOP

[Download](https://filene.org/540) with Part 2 — <https://filene.org/540>

#### CONSULTING SERVICES

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